



Shri Mataji Nirmala Devi

LET'S MEDITATE FOR 21 DAYS 2025

Always Free

Sunday, Tuesday & Thursday
8:45 pm New York Time



Hablamos español

us.sahajayoga.org/21days2025

SAHAJA YOGA
MEDITATION

Local meetings in
New York
New Jersey
Connecticut
tristatemeditation.org



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