



Shri Mataji Nirmala Devi

LET'S MEDITATE FOR 21 DAYS 2025

Feb 27 – April 15

ALWAYS FREE

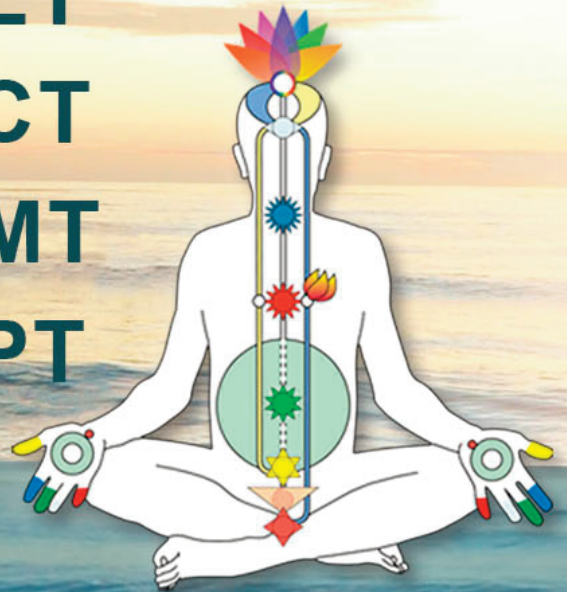
Sunday, Tuesday & Thursday

8:45 pm ET

7:45 pm CT

6:45 pm MT

5:45 pm PT



Hablamos español

us.sahajayoga.org/21days2025

SAHAJA YOGA
MEDITATION