



Shri Mataji Nirmala Devi

# LET'S MEDITATE FOR 21 DAYS 2025

Feb 27 – April 15

ALWAYS FREE

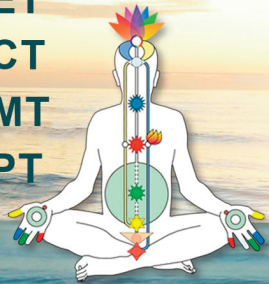
Sunday, Tuesday & Thursday

8:45 pm ET

7:45 pm CT

6:45 pm MT

5:45 pm PT



Hablamos español

[us.sahajayoga.org/21days2025](http://us.sahajayoga.org/21days2025)

SAHAJA YOGA  
MEDITATION



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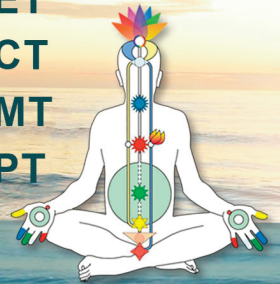
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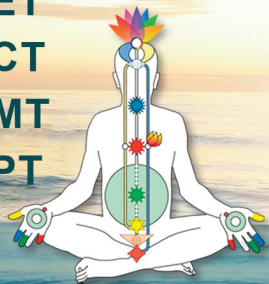
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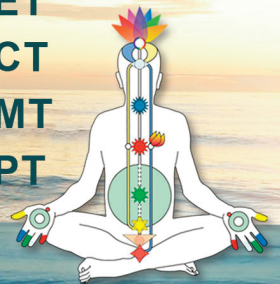
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