



Shri Mataji Nirmala Devi

LET'S MEDITATE FOR 21 DAYS

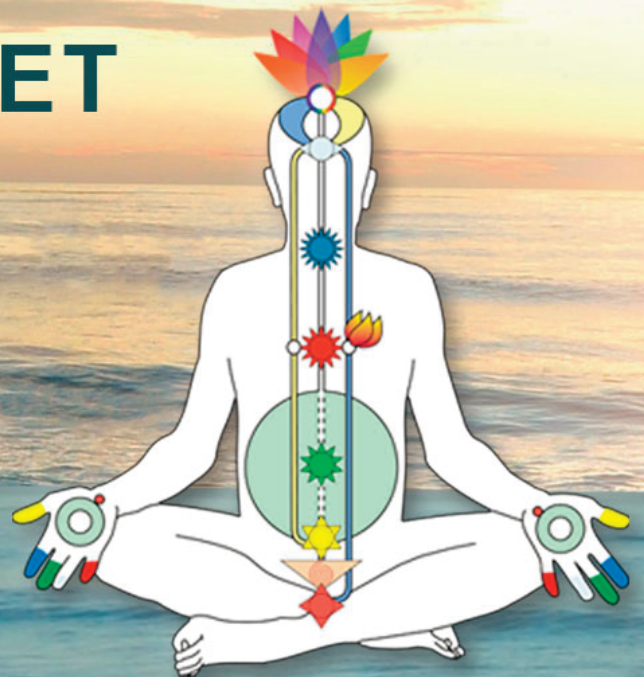
May 2 – June 18

Sun • Tue • Thur

ONLINE COURSE

Always Free – Join Anytime

8:45 pm ET



us.sahajayoga.org/jan2024

SAHAJA YOGA
MEDITATION