



Shri Mataji Nirmala Devi

# LET'S MEDITATE FOR 21 DAYS

May 2 – June 18  
Sun • Tue • Thur

## ONLINE COURSE

Always Free – Join Anytime

8:45 pm ET



SAHAJA YOGA  
MEDITATION



[us.sahajayoga.org/jan2024](https://us.sahajayoga.org/jan2024)



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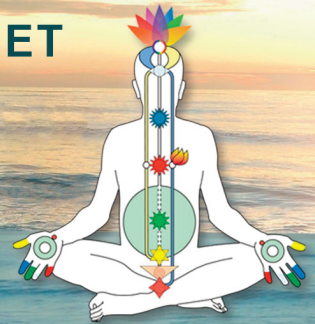
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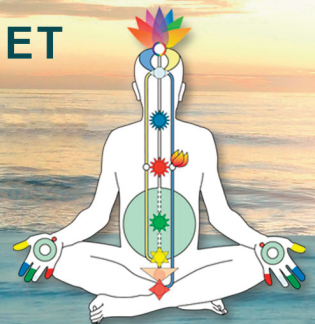
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